





**Pennthorpe
Week 2**



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Chicken & vegetable Pie	Meat feast Pizza slice	Roast gammon with rich gravy	Chicken Tika Masala	Crispy crumbed fish Poached Hoki with spinach & tomato
Vegetarian	Root vegetable and lentil pie	Margarita Pizza 	Braised vegetarian sausages with a thyme & tomato sauce 	Vegetarian Tika Masala	Butternut squash & sweet potato frittata
On the side	New potatoes Sauté Savoy cabbage Baton carrots	Spicy potato wedges Sweet corn	Roast potatoes Broccoli Roasted root vegetables	Brown Rice Onion Bhaji Sautéed courgettes Naan	Oven chips Garden peas Baked beans
Jacket Potato/Pasta/Noodle Bar	Jacket potato with a three-cheese sauce	Penne pasta with tomato & basil sauce	Jacket potatoes vegetable Chilli	Black bean vegetable noodles	Fusilli pasta with a roast pepper and tomato sauce
Dessert of the day	Steamed jam sponge and custard Banana mousse	Chocolate brownie  Strawberry jelly pot	Mixed fruit bread & butter pudding with Sauce Anglaise  Chocolate mousse	Warm spiced carrot cake Orange jelly pot	Sticky toffee pudding with custard Butterscotch mousse
		A reduced salad bar will be served daily with fresh fruit and yoghurts	If you have dietary requirements or any questions about the menu please ask us		

