





**Pennthorpe
Week 1**



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Italian chicken Lasagne	Mince & onion pie with a thyme gravy	Roast pork shoulder with apple sauce	Cream & coconut chicken Pasanda	Fish fingers Battered fish of the day with tartare sauce and a lemon wedge
Vegetarian	Vegetarian Lasagne	Butternut squash & potato filo slice 	Chickpea & aubergine bake with crispy crumb topping 	Vegetable Pasanda	Spinach and roast pepper Quiche
On the side	Garlic bread Coleslaw Sweet corn	Creamed potatoes Green Beans Carrots	Roast potatoes Cauliflower cheese Sauté leeks	Basmati rice Sag Aloo Naan	French fries Garden peas Baked beans
Pasta bar /Jacket potato	Jacket potato with Veggie Chilli	Fusilli pasta served with a bacon & cream Sauce	Jacket potatoes with BBQ baked beans	Penne pasta with a tomato and basil sauce	Jacket potatoes with tuna
Dessert of the day	Chocolate & orange pudding with chocolate sauce Strawberry jelly	Peach & apricot crumble and custard  Chocolate mousse	Banana cake with a toffee topping  Lime jelly pot	Apple cake with whipped cream Strawberry mousse	Ginger sponge cake with a caramel sauce Orange Jelly Pot

A reduced salad bar will be served daily with fresh fruit and yoghurt pots

If you have dietary requirements or questions about the menu please ask