

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Beef bolognese Garlic bread	Chicken curry Naan, pomegranate raita, mango chutney & pakoras	Deep pan pizza topped with pepperoni	Roast loin of pork Yorkshire pudding, apple sauce & gravy	Battered Fish Sausages Tartar sauce Lemon wedges
Meat Free Course	Quorn mince & bean Bolognese	Sweet potato paneer & spinach dhal with rice	Margarita Pizza	Tomato and rocket risotto with shaved parmesan	Fishless Fingers
On the Side	Penne pasta, Italian vegetables Green beans & Parmesan cheese	50/50 rice Carrot & cucumber salad & turmeric cauliflower	Sweetcorn Broccoli Potato wedges	Roast potatoes Cabbage Roasted carrot and parsnips	Baked beans Peas Chips
Every Day	Salad Bar Seasonal salads, daily protein items with dressings and toppings				
Dessert	Syrup sponge & cream	Pudding pots	Coconut and Berry cake With custard	Pudding pots	Chocolate pots & Plant based chocolate pots

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Butcher's Sausages, gravy & fried onions	Lasagne	Chilli con carne Nachos, salsa guacamole & sour cream	Pulled bbq pork Pretzel roll	TASTE TOURIST DAY Travel the globe
Meat Free Course	Quorn sausages	Maccaroni cheese	Five bean & vegetable Chilli	BBQ Vegan fillet	TASTE TOURIST DAY Travel the globe
On the Side	Roasted vegetables, peas & mashed potatoes	Broccoli and carrot Sauté potatoes Garlic & herb bread	50/50 rice, sweetcorn "Waste knot" veg of the week	Skin on Wedges Red cabbage slaw & mixed vegetables	TASTE TOURIST DAY Travel the globe
Every Day	Salad Bar Seasonal salads, daily protein items with dressings and toppings				
Dessert	Jam & coconut sponge With custard	Pudding pots	Fruit crumble with custard	Rice pudding with toppings /plant-based rice pudding	Pudding pots

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	50 /50 Penne pasta Carbonara sauce Tomato & basil sauce	Chicken fajitas Sour cream, guacamole & a flour Tortilla	Sweet and sour pork with noodles	Roast Turkey Yorkshire pudding & gravy	Battered Fish Sausages Tartar sauce Lemon wedges
Meat Free Course	Roasted squash & sage risotto with toasted pumpkin seeds	Quorn vegetable Fajitas	Sweet and sour vegetables and Tofu	Broccoli and tomato quiche	Fishless Fingers
On the Side	Garlic Bread Broccoli & Italian roast vegetables	Mexican rice Sweetcorn Red cabbage slaw	Sugar snap peas Stir fried vegetables Prawn crackers	Skin on roast potatoes Broccoli & Carrots	Baked beans Peas Chips
Every Day	Salad Bar Seasonal salads, daily protein items with dressings and toppings				
Dessert	Apple oaty crumble & cream	Pudding pots	Chocolate sponge & chocolate custard	Cheesecake	Pudding pots